Madeline Hunter (1982) suggests four questions when planning hands-on practice:

1. **How much material should be practiced at one time?**

 *A short meaningful amount. Always use meaning to divide your content into parts.*

**2. How long in time should a practice period be?**

 *A short time so the student exerts intense effort and has intent to learn.*

**3.How often should students practice?**

 *New learning, massed practice. Older learning, distributed practice.*

**4.How will students know how well they have done?**

 *Give specific knowledge of results (i.e., specific feedback).*

* Madeline Hunter (1982) said:

 *“The difference between knowing how something should be done and being able to do it is the quantum leap in learning…new learning is like wet cement, it can be easily damaged. A mistake at the beginning of learning can have long-lasting consequences that are hard to eradicate (p.71).*