



JULY 2019

SUMMER MIDDLE SCHOOL LUNCH

MIDDLE SCHOOL



Monday

Tuesday

Wednesday

Thursday

Friday

1

BEEFY NACHOS
STEAMED CORN
FRESH ORANGE SLICES
MILK

2

CHEESE PIZZA
FRESH ROMAINE LETTUCE
STEAMED BROCCOLI
SLICED PEARS
MILK

3

SCRAMBLED EGGS
SAUSAGE LINKS
WHOLE WHEAT BAGEL
TATER COINS
FRESH BANANA
MILK

4

4TH Of July

NO LUNCH TODAY

5

CHICKEN NUGGETS
WHOLE WHEAT BREAD
BAKED BEANS
SLICED PEACHES
MILK

8

HAMBURGER
WHOLE WHEAT HAMBURGER BUN
FRENCH FRIES
FRUIT COCKTAIL
MILK

9

BBQ PULLED PORK SANDWICH
WHOLE WHEAT HAMBURGER BUN
ASSORTED CHIPS
STEAMED CARROTS
APPLESAUCE
MILK

10

SALISBURY STEAK
MASHED POTATOES AND GRAVY
WHOLE WHEAT BREAD
FRESH SLICED CUCUMBERS
MANDARIN ORANGES
MILK

11

PEPPERONI PIZZA
FRESH ROMAINE LETTUCE
FRESH MINI CARROTS
FRESH APPLE
MILK

12

MEATLOAF
WHOLE WHEAT BREAD
TRI TATERS
PINEAPPLE TIDBITS
MILK

15

ITALIAN DUNKER
PIZZA SAUCE
FRESH ROMAINE LETTUCE
SLICED PEARS
MILK

16

BEEFY NACHOS
STEAMED CORN
FRESH ORANGE SLICES
MILK

17

4 MEAT PIZZA
FRESH ROMAINE LETTUCE
STEAMED CARROTS
FRESH BANANA
MILK

18

HOT DOG
WHOLE WHEAT HOT DOG BUN
ASSORTED CHIPS
BAKED BEANS
SLICED PEACHES
MILK

19

CHICKEN NUGGETS
WHOLE WHEAT BREAD SLICE
SWEET POTATO TOTS
STEAMED GREEN PEAS
APPLESAUCE
MILK

22

FISH SANDWICH
WHOLE WHEAT HAMBURGER BUN
ASSORTED CHIPS
STEAMED CALIFORNIA BLEND
FRESH APPLE
MILK

23

TANGERINE CHICKEN
BROWN RICE
STEAMED CALIFORNIA BLEND
APPLESAUCE
MILK

24

DICED TURKEY AND GRAVY
MASHED POTATOES
WHOLE WHEAT BREAD
FRESH MINI CARROTS
FRUIT COCKTAIL
MILK

25

TACO
WHOLE WHEAT TORTILLA
FRESH SLICED CUCUMBERS
SLICED PEARS
MILK

26

PORK SANDWICH
WHOLE WHEAT HAMBURGER BUN
ASSORTED CHIPS
FRESH MINI CARROTS
PINEAPPLE TIDBITS
MILK

29

SLOPPY JOE
WHOLE WHEAT HAMBURGER BUN
ASSORTED CHIPS
STEAMED GREEN BEANS
SLICED PEACHES
MILK

30

CHICKEN STRIPS
WHOLE WHEAT BREAD SLICE
TATER COINS
MANDARIN ORANGES
MILK

31

HAMBURGER
WHOLE WHEAT HAMBURGER BUN
ASSORTED POTATOES
ASSORTED VEGGIES
FRUIT COCKTAIL
MILK

MEUNS ARE SUBJECT TO CHANGE WITHOUT NOTICE